Spring Session I Program Guide

Recreation Programs  February 26– April 14, 2018
Equine Programs  February 26– April 21, 2018

Register Online at www.thebridgectr.org
- Registration will close 5 days before the start of a class.
- For questions regarding registration, please contact Laurie Kalivas at LKalivas@thebridgectr.org or (508) 697-7557 ext. 17

Hours of Operation
Administration Office Hours
Monday—Friday 8:30AM - 5:00PM

Riding Center Office Hours
Monday - Saturday 8:30AM - 5:00PM

PHONE NUMBERS
Main Phone Line  508-697-7557
Fax Line  508-697-1529
Cancelation Line  508-697-7557 ext. 14

REFUNDS AND WITHDRAWALS
Refund requests must always be in written form and dated at least 5 business days prior to the start of the program. Refund requests made at least 5 days in advance of the program will be assessed a $5 withdrawal fee.

All camps, including vacation week and summer camps, will be assessed a $25 withdrawal fee if the request is made within 5 business days of the start of the program. After that time refunds will only be processed with medical documentation.

FINANCIAL AID
Financial aid is available for all participants for most programs based on financial need. After registering for a program in CampMinder, click on “Forms and Documents” and print the Scholarship application. Complete the form and provide to Karen Ellis, our Financial Coordinator, with all supporting documentation.
## Create and Collaborate

Participants will get to work independently and collaboratively over seven weeks. Participation in this program will include exploring the possibilities of different materials each week, ranging from weaving, to collage making and sculpting! Over the seven weeks, participants will be working towards their group Art Show, demonstrating the importance of sharing their ideas and artwork with each other throughout the program.

<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>WHERE</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>4:30PM-5:30PM</td>
<td>TBC Art Room</td>
<td>$72.00</td>
</tr>
<tr>
<td>February 27– April 10th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6-12</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## DRUMS ALIVE!

Get ready to feel the beat of the music! Drums Alive is an inclusive program that strives to promote physical, kinesthetic, emotional, and cognitive growth for all ages. This is a “brain and body” work out by combining music, stability balls, and drum sticks! 1:1 support is not provided in this program.

<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>WHERE</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>5:00PM-5:45PM</td>
<td>TBC Gym</td>
<td>$145.00</td>
</tr>
<tr>
<td>February 28th– April 11th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4+</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**This program is led by Abilities Rec!**
Pretzel Kids® Yoga: Ages 4-10

So what, exactly, is Pretzel Kids®? To kids, we're fun, fun, fun! To parents, we are the answer to helping your children stay physically fit and deal more effectively with the pressures of school and peers. We're all that and more.....our proven curriculum and amazingly fun yoga program incorporates traditional yoga postures with imaginative yoga games and relaxation techniques. All told: children laugh, learn, exercise, breathe, and relax. Better yet, they leave our classes with big SMILES on their faces......Let's all say OM to that

**Instructed by Pretzel Kids instructor**

DAY: Tuesday  
SESSION: January 2nd–February 13th  
AGES: 4-7 years old  
TIME: 4:30PM–5:15PM  
WHERE: TBC Gym  
COST: $126.00

Pretzel Kids® Yoga: Ages 11-16

So what, exactly, is Pretzel Kids®? To kids, we're fun, fun, fun! To parents, we are the answer to helping your children stay physically fit and deal more effectively with the pressures of school and peers. We're all that and more.....our proven curriculum and amazingly fun yoga program incorporates traditional yoga postures with imaginative yoga games and relaxation techniques. All told: children laugh, learn, exercise, breathe, and relax. Better yet, they leave our classes with big SMILES on their faces......Let's all say OM to that

DAY: Tuesday  
SESSION: February 27th–April 10th  
AGES: 4-7 years old  
TIME: 5:30-6:15  
WHERE: TBC Gym  
COST: $126.00
YOUNG ATHLETES
Special Olympics Young Athletes is a sport and play program for children with and without intellectual disabilities, ages 2-7 years old. Young Athletes are introduced to basic sport skills, such as running, kicking, and throwing. Young Athletes offers families, teachers, caregivers, and people from the community the chance to share the joy of sports with all children.

DAY: Thursday  
SESSION: March 1st—April 12th  
AGES: 2-7  
TIME: 4:15PM—5:00PM  
WHERE: TBC Gym  
COST: $8.75  

** Volunteers are always welcome to assist in this program **

COPING WITH COMPETITION!
This program is designed for children and teens with high functioning Autism, Asperger’s, PDD-NOS and other related disorders. Participants in this program will receive instruction in practicing good sportsmanship while participating in fun competitive group games and group discussions. Participants will learn that the real winners in competition are those who behave respectfully towards others regardless if they win or lose.

DAY: Tuesday  
SESSION: February 27th-April 10th  
AGES: 7-13  
TIME: 4:00pm -5:00pm  
WHERE: TBC  
COST: $36.00  

*Instructed by TBC Staff, Bethany Tolley*
TASTY THURSDAYS!
Each Thursday, join us in cooking dinner while socializing and creating friendships! This program will have participants be active in the step by step process of cooking dinner, being able to enjoy the meal together while socializing with their peers. This group will focus on independent living skills involved in cooking such as measuring, following a recipe, and how to safely navigate the kitchen, while building social skills and fostering friendships!

<table>
<thead>
<tr>
<th>DAY</th>
<th>March 1– April 12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGES:</td>
<td>18+</td>
</tr>
<tr>
<td>TIME:</td>
<td>5-6:30pm</td>
</tr>
<tr>
<td>WHERE:</td>
<td>TBC Kitchen</td>
</tr>
<tr>
<td>COST:</td>
<td>$82.00</td>
</tr>
</tbody>
</table>

SKILLS TO PAY THE BILLS!
This program is designed for older teens and adults with autism and related developmental disabilities to create and build various job skills for their futures. Participants will receive instruction in a different job field each week, ranging in desired skills for office work, to skills needed to work in a local restaurant. Each week the skills learned will be kept in each individual’s binder, ready to use in resume building. The final week will include mock interviews, allowing participants to discuss their newly developed skills and self-esteem for this moment.

<table>
<thead>
<tr>
<th>DAY</th>
<th>February 28-April 11th</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGES:</td>
<td>18+</td>
</tr>
<tr>
<td>TIME:</td>
<td>4-6:00pm</td>
</tr>
<tr>
<td>WHERE:</td>
<td>TBC</td>
</tr>
<tr>
<td>COST:</td>
<td>$126.00</td>
</tr>
</tbody>
</table>

TALES WITH TAILS!
Are you a reader or want to gain confidence in reading? Come on down to The Bridge Center and spend time with our new friends! Our therapy dogs allow for a relaxed non-judgmental atmosphere, where our participants can solely focus on their reading! Our furry friends enjoy stories of all kinds, feel free to bring your own book or join in on the story of the week! Participants will have 20 minutes of 1:1 time to read to the therapy dog with the support of their handlers! To register for your day and time slot, visit our website! FREE!

<table>
<thead>
<tr>
<th>DAY</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>TIME:</td>
<td>4-4:20pm, 4:20-4:40, 4:40-5pm</td>
</tr>
<tr>
<td>WHERE:</td>
<td>TBC</td>
</tr>
</tbody>
</table>
SENSORY SCIENCE CLUB

Have an interest in science? Looking to expose yourself to new sensory input? Join us every Tuesday to hypothesize, create and test sensory-based science experiments! This group will focus on creating predictions, following directions, communicating with peers, and having fun!

DAY: Tuesday  
SESSION: January 2th-February 13th  
AGES: 8-14 years old  
TIME: 3:30-4:30pm  
WHERE: TBC  
COST: $70.00  
*Instructed by TBC Staff, Abby Ross*

LEGO ENGINEERING

This program teaches basic engineering concepts, problem solving, and teamwork by playing and building with LEGOs. Lego Engineering covers basic simple machines and is the foundation for the other topics. We investigate gears, pulleys, cams, levers, ratchets, and many other geek-chic topics by building such things as street sweepers, hammers, fishing rods and scales.

DAY: Saturday  
SESSION: March 3rd-April 7th  
AGES: 7+  
TIME: 2:00-3:00pm  
WHERE: TBC  
COST: $165  
*Instructed by WickedCool Staff*
MINI VACATION CAMP– GOOD FRIDAY
Looking for something to do on Good Friday? Come have fun at The Bridge Center! Our energetic, well-trained staff will engage campers in a variety of activities including art, cooking, music, movement, and other fun activities. Participants will be grouped by age and skill level in order to best facilitate social interaction, independence, and fun!

**DAY:** Friday March 30, 2018  
**TIME:** 9:00AM-3:00PM  
**AGE:** 4-22  
**WHERE:** The Bridge Center  
**COST:** $125  
*No Extended Day Option

APRIL VACATION CAMP
Looking for something to do during February Vacation? Come have fun at The Bridge Center! Our energetic, well-trained staff will engage campers in a variety of activities including art, cooking, music, movement, and other fun activities. Participants will be grouped by age and skill level in order to best facilitate social interaction, independence, and fun!

**DAY:** Monday-Friday  
**DATES:** April 16th– 20th  
**TIME:** 9:00AM-3:00PM  
**WHERE:** The Bridge Center  
**AGE:** 4-22  
**COST:** $625  

Extended Day Option Available Monday-Thursday Only
SATURDAY RECREATION
A fun-filled opportunity for children and young adults to enjoy recreational and skill building activities in a supportive and nurturing environment. Participants will engage in music, cooking, art, sports and more with our fun, caring and well trained staff… all the perks of summer camp, but during the school year!

DAY: Saturday  
TIME: 10:00am - 3:00pm
SESSION: March 3rd– April 14th  
WHERE: TBC
AGES: 4-22 years old  
COST: $630.00

SOCIAL ADVENTURES
Social adventures is designed for children and teens with high functioning Autism, Asperger's, PDD-NOS, and other related disorders. Children receive social skill instruction and have the opportunity to practice these skills in structured, small group activities. Counselors provide social coaching throughout each session with a focus on developing friendships.

DAY: Saturday  
TIME: 3:30-5pm
SESSION: March 3rd-April 14th  
WHERE: TBC
AGES: 6-18 years old  
COST: $245.00
As a Professional Association of Therapeutic Horsemanship (PATH) International Premier Accredited Center, The Bridge Center offers state-of-the-art equine facilitated activities and therapies designed to meet the unique needs of our participants. The Bridge Center offers activities for individuals of all abilities.

To inquire about our riding programs, please contact our Riding Program Director, Trish Gosselin at 508-697-7557 x.14

**THERAPEUTIC HORSEBACK RIDING LESSONS**

The Bridge Center offers year round therapeutic horseback riding lessons for children and adults with physical, emotional and cognitive disabilities. Participants take part in 45 minute lessons conducted by specially trained PATH Certified/MA Licensed Riding Instructors. Traditional riding skills are taught using adaptive equipment and teaching methods, specially trained horses, and up to three volunteers per rider. Individualized goals are customized for each participant’s specific needs to ensure their emotional, social, cognitive, and/or physical growth. Lessons are offered in either a private or group setting depending on the needs of the participant and their goals.

**DAY:** Tues.-Sat.  
**COST:** $55—$65/lesson  
**TIME:** 45-minute lessons  
**AGE:** 5+  
**WHERE:** TBC Riding Center

**YEAR ROUND REGISTRATION AVAILABLE**
October 31, 2017—August 25, 2018

*Please contact Trish Gosselin, 508-697-7557 ext 14. for more information!*  

Spring Session: February 27th– April 21st
HORSEMANSHIP LESSONS

The Bridge Center offers horsemanship lessons to any participant interested in learning more about horses and horse behavior. Participants take part in 45 minute unmounted lessons conducted by a specially trained PATH Certified/MA Licensed Riding Instructor. Unlike therapeutic horseback riding, horsemanship lessons give each participant a hands on opportunity to learn more about horses and their care. Throughout the session, participants take part in unmounted activities and exercises that provide experiential learning which will also teach patience, responsibility, self-awareness, social skills, and more.

DAY: Tues.-Sat.
COST: $40/lesson
TIME: 45-minute lessons
WHERE: TBC Riding Center
Friday Movie Nights!

Please join us one Friday, each month for a movie night! Light refreshments, including popcorn and drinks, will be served. All films are family friendly and accessible for all. These events are **FREE**!

**March 16th: Despicable Me**

**April 13th: The Secret Life of Pets**

All Movies will start at 7:00PM

**Please register online for this event**

Parent/Caregiver

The Bridgewater-Raynham SEPAC (Special Education Parent Advisory Council) has paired up with The Bridge Center to provide educational seminars to administrators, teachers, parents, and the broader community on special education issues and services. The Bridge Center does offer childcare while parents/caregivers/families are attending the presentation.

*We do ask that families register for childcare*

**Thursday March 8th, 2018 6:00PM**

**The Bridge Center**

**Scheduled Presentation:**

Learn pathways to eligibility to Mass Health/Commonwealth, accessing benefits and services, and explaining associated costs.
Summer Camp 2018

Summer Camp is just around the corner and The Bridge Center is excited to share information about opportunities in 2018!

REGISTRATION FOR ALL CAMPS ONLINE NOW!

CAMP HOURS: 9:00AM-3:00PM

Session 1: June 25 – June 29
Session 3: July 9- July 13
Session 5: July 23– July 27
Session 7: August 6– August 10
Session 9: August 20– August 24

Session 2: July 2-July 6 *No Camp 7/4
Session 4: July 16– July 20
Session 6: July 30– August 3
Session 8: August 13– August 17

CAMP CONNECT

Camp Connect is a 3 week summer camp for campers with Asperger's Syndrome, High Functioning Autism and related disorders. This camps is designed to meet the social, emotional, and behavioral needs of campers while participating in a variety of activities, daily. Campers participate in recreation activities as well as scheduled time throughout the week to work on social skill development lead by the Camp's Directors!

Session 1: 1-3
Price: $1,820.00*
AGE: 4-22
Ratio: 1:3

Session 2: 4-6
Price: $1,950.00
AGE: 4-22
Ratio: 1:3

Session 3: 7-9
Price: $1,950.00
AGE: 4-22
Ratio: 1:3

CAMP DISCOVER

Camp Discover is open to all children regardless of the nature or severity of their disabilities. Most campers in this program require a 1:1 aide. Campers enjoy therapeutic recreation and traditional playtime activities in a supportive, small group environment such as; cooking, music, swimming, archery, arts and crafts, outdoor adventure, yoga, and much, much more!

Sessions: 1-9
Price: $550/wk. ($440 Session 2 only)
AGE: 4-22
Ratio: 1:1, 1:2

CAMP SUNSHINE

Camp Sunshine is for campers with and without disabilities who are looking for an active and eventful summer! Campers will fish and boat on the pond, explore our nature trails, play on our soccer fields, swim in the pool, and more! During each session, staff will assure campers have fun in the sun while developing tolerance, positive peer relationships and more.

Sessions: 1-9
Price: $550/wk. ($440 Session 2 only)
AGE: 4-14
Ratio: 1:5
CAMP ENDEAVOR

Camp Endeavor is open to children diagnosed with Neuromuscular Diseases and other related disorders. Campers will explore all the fun of summer camp in a supportive, small group environment with like peers. Campers will participate in a variety of activities such as swimming, cooking, arts and crafts, music, sports, outdoor adventure, archery, and so much more!

**Session:** 3 and 5  
**Price:** $550/wk.  
**AGE:** 4-22  
**Ratio:** 1:1

VOLUNTEERS IN PROGRESS (VIP)

VIP is a weekly camp for teens and adults with high functioning disabilities that are interested in developing self-confidence and leadership skills that will strengthen their readiness for volunteer and/or work positions. This program includes one off campus field trip per week. During their time at The Bridge Center VIP campers will spend half of their time participating in recreation programs while the other half is spent volunteering around campus, and developing leadership skills in a classroom setting.

**Sessions:** 1-9  
**Price:** $600/wk. ($480 Session 2 only)  
**AGE:** 14-18  
**Ratio:** 1:4

HORSE CAMP

Horse Camp is designed for campers ages 8-14 that love the barn, animals and especially horses! Campers in this program also participate in daily riding lessons.

**Sessions:** 1-9  
**Price:** $550/wk. ($440 Session 2 only)  
**AGE:** 8-14  
**Ratio:** 1:4

BRING YOUR SIB TO CAMP DAYS

Siblings of campers that attend ANY of our Bridge Center camps are welcome to come and participate in a day of camp! Kids will do activities with their sibling for a portion of the day and then transition into group activities with other siblings!

**Dates:** Friday July 6, 13, 20, 27  
**Price:** $60/Friday  
**AGE:** 6-14

EXTENDED DAY OPTIONS

**Early Morning Drop Off**

Monday-Friday  
8:00AM-9:00AM | $20.00/day

**Extended Day**

Monday –Thursday  
3:00PM-5:00PM | $30.00/day

TRANSPORTATION

During the weeks of our Summer Camps, The Bridge Center offers a bus that makes four stops to pick up campers:

**Milton, Dorchester, Braintree, and Avon**

**Bus Costs:**

One Way—$60.00/week  
Round Trip—$100.00/week
9th Annual Comedy for Kids

*Using laughter to support play for children and adults at The Bridge Center*

Thursday April  May 12, 2018

Laugh Boston

425 Summer Street, Boston Ma

6:00pm-9:00pm

For more information please contact Jackie Ross  at 508-697-7557 ext. 23 or JRoss@thebridgectr.org

27th Annual Golf Classic

Monday July 16, 2018

Olde Scotland Links

Bridgewater MA

Participation Cost Includes Course Fee, Golf Cart, Box Lunch, and Dinner Reception

For more information including sponsorship opportunities please contact Jackie Ross at 508-697-7557 ext. 23

or JRoss@thebridgectr.org